



## NEWSLETTER February 2026

### Year of the Horse Celebrations

The music, dance and food, along with arts and crafts of the Chinese New Year Fair comes alive, on Saturday and Sunday, February 21, 22, 2026, at the International Cottages Balboa Park, San Diego ([www.ChineseNewYearFair.com](http://www.ChineseNewYearFair.com)). This FREE event will celebrate the lucky and powerful Year of the Horse.

In Chinese astrology, the *Horse* is known for energetic, independent, and warm-hearted nature, symbolizing vitality and success. General traits of the Horse include the following:

1. Energetic and Dynamic: Horses are often seen as lively and full of energy. They are known for their enthusiasm and ability to inspire others with their passion and vigor.
2. Independent and Free-spirited: Individuals born in the Year of the Horse value their freedom and independence. They are adventurous and enjoy exploring new horizons, often seeking out new experiences and challenges.
3. Warmhearted and Sociable: Horses are generally friendly and generous, making them likable and approachable. They possess strong social skills and can easily engage others in conversation, often livening up the atmosphere around them.
4. Hardworking and Determined: People born under this sign are known for their strong work ethic and perseverance. They are often seen as ambitious and are willing to put in the effort to achieve their goals.
5. Impulsive and Restless: While Horses are energetic, they can also be impulsive, sometimes acting without fully considering the consequences. This can lead to challenges in decision-making and emotional stability.

PRESENTED BY HOUSE OF CHINA SAN DIEGO



CELEBRATE THE YEAR OF THE HORSE WITH THE  
BALBOA PARK  
**CHINESE NEW YEAR**  
FAIR

SATURDAY & SUNDAY  
FROM 11AM - 5PM

**FEB 21-22, 2026**

LOCATED AT: INTERNATIONAL COTTAGES BALBOA PARK  
2191 PAN AMERICAN ROAD W, SAN DIEGO, CA 92101

LION DANCES 舞獅表演

CHINESE ETHNIC FOOD 中華民族食物

CULTURAL PERFORMANCES 文化習俗表演

CHINESE CALLIGRAPHY 書法

CRAFTS 工藝品



WE LOOK FORWARD TO CELEBRATING THE NEW YEAR WITH YOU! • CHINESENEWYEARFAIR.COM



SALLY AVERY  
&  
NATASHA WONG



## Sunday March 8, 2026 - 12:00 Noon Lunch Annual Membership Meeting

The House of China Annual Lunch Meeting will be located at the Fellowship Hall of the Chinese Community Church, 4998 Via Valarta, San Diego, CA 92124.

Purpose:

- Review 2025 and planned 2026 operations
- Electing an Elected Even Year Director for two-year terms
- Approving the 2026 Annual Budget

Members who are unable to attend are asked to request/complete a proxy form by text: (858) 699-1900, or email: [seid1950henwing@gmail.com](mailto:seid1950henwing@gmail.com).

### 2026 -2027 CANDIDATES

Sally Wong Avery

Director Chinese Consolidated Benevolent Assoc., Founder Chinese School of San Diego

Edwin Lin

Chinese Outreach Coordinator; County of San Diego Registrar of Voters; Chinese Social Service Center

Sam Poon

San Diego Community College District Assistant Professor; Social Media Consultant

Jacinta Wong

Board of Directors of the San Diego Museum Council; Former Executive Director San Diego Chinese Historical Museum; City of Chicago Administrator

Lily Zhou

Interim President, House of China; Entrepreneur; Realtor

RSVPs are requested by text: (858) 699-1900, or email: [seid1950henwing@gmail.com](mailto:seid1950henwing@gmail.com)

## Yangminyan Wu and Her YMHArt Program

Yangminyan (Yuki) Wu, high school student of the class of 2027, started a program combining art expressions with mental health support. This mental health art program team, consisting of a group of passionate students from local high schools in San Diego, wishes to make an impact on youth mental health.

When asked how her program came to be, Yangminyan replied that she developed the YMHArt program after realizing the gaps in the mental health support systems at her current high school. In her highly competitive district, academic pressure has always been a factor in spreading stress and mental illnesses among high school students.

There are many mental health problems such as anxiety, depression, and suicide among young people, which is becoming a national pattern nowadays. According to U.S. public health data, suicide is one of the main leading causes of death among youth, and even young adults, with around one in five high school students reporting suicide considerations and nearly 40% of them reported to have consistent emotions of hopelessness.

According to the high school students, cultural heritage has been studied a ton in terms of mental illnesses. Cultural dynamics such as high academic expectations, which is extremely prevalent amongst Asian American and Pacific Islander/API youth, and stigma around mental health can limit access to professional and social support.

As a result of all of that, Yangminyan decided to create YMHArt to help address youth mental health in ways that resonate across multiple diverse communities through the forms of art. Early 2024, she initiated the YMHArt Program and built a cross functional team. The artwork creation direction focuses on two aspects: (1) What youth mental health issues do we face? (2) What can we do for youth mental health issues? Their goal is to make a comprehensive art gallery to resonate with young people, thus helping more youth explore and process their feelings, reduce stress, and improve their mood and well-being.

Yangminyan led the team to make huge efforts in this program, including

- 1) hosting lecture series on Youth Mental Health Artworks Creation to the public.
- 2) organizing art exhibitions in the school, library, during the dragon boat races, etc.
- 3) hosting Art & Well-being Workshops for youth by collaborating with local art educators.
- 4) building an official website to promote the program and call for artworks worldwide.

With continuing efforts, the program brought positive impacts to the local community, nationwide, or even worldwide.

- 1) The team made a comprehensive high-quality art gallery.
- 2) The official website has attracted attention from more than twenty countries so far.

## Welcome Jacinta Wong to the House of China Board



The House of China is pleased to welcome Jacinta Wong to the Board of Directors. Jacinta has accepted appointment to the Board and is standing for election to a full two-year term at the March 8 Annual Meeting. She is completing the remaining term of Natasha Wong, who transitioned to an Advisor role last summer.

Jacinta has already demonstrated her commitment to the House of China through her service on the Chinese New Year Dinner Committee and her ongoing work on the Chinese New Year Fair planning committee. She brings fresh ideas, a collaborative spirit, and a strong record of nonprofit and public service leadership.

Jacinta currently serves as Treasurer of the San Diego Museum Council and most recently served as Executive Director of the San Diego Chinese Historical Museum. She also brings more than 20 years of experience in senior administrative and deputy director roles with the City of Chicago. Trilingual in English, Cantonese, and Spanish, and widely traveled, she offers a global perspective and a thoughtful vision for advancing the mission of the House of China.

Her goals include strengthening membership and community engagement, while supporting initiatives that promote organizational sustainability and strategic partnerships.

We are delighted to welcome Jacinta Wong and look forward to her leadership and contributions.

## 2026 HPR INSTALLATION AND 2025 VOLUNTEER OF YEAR AWARD



## Community Night: The Mingei International Museum

The House of China spearheads a program called “The Unexpected Story of the San Diego Chinese Community: From Small Chinatown to Thriving Ecosystem”. It celebrates the impact and history of San Diego's Chinese community from early Chinatown to the places that anchor it today: church, schools, House of China, museum, the Convoy Asian Cultural District, and the mid-city Chinese community.

The stories will be presented by Prof. Susie Lan Cassel and Michael Yee, accomplished researchers from Cal State University San Marcos.

This intriguing program is Monday, April 6 at 5:30 PM at Mingei International Museum (enter via the Alcazar Garden Entry), Balboa Park. Audience members can share brief stories during the Q & A. A light meal will be offered.

Mingei  
International  
Museum



*Alcazar Garden Entry*

RSVPs by April 1 by text: (858) 699-1900 or email:  
seid1950henwing@gmail.com

## January 31, 2026, Year of the Horse Lunar New Year Diamond Palace Restaurant



*2026 Planning Committee*



*Grand prize winner*



*Sup. Steppe and Mayor Gloria on hand*



*Happy crowd of 450 guests*

One girl's journey reveals how stories can change a life.

**Jt** SAN DIEGO  
JUNIOR THEATRE  
PRESENTS

# WHERE THE MOUNTAIN MEETS THE MOON

A MUSICAL ADAPTATION

**FEBRUARY 27 - MARCH 15**  
CASA DEL PRADO, BALBOA PARK



**TICKETS \$20-22**  
Scan QR code  
or visit [JuniorTheatre.com](http://JuniorTheatre.com)

Fridays at 7pm. Saturdays & Sundays at 2pm

ASL-Interpreted performance on  
Saturday, March 14 at 2pm

San Diego Premiere! Recommended for all ages!



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Bringing Dreams to Life™



# HAPPY LUNAR NEW YEAR

Give the gift of new possibilities with  
an HRC Fertility Gift Voucher

[havingbabies.com](http://havingbabies.com)

Restrictions apply. Scan the QR code for more details.



## HOUSE OF CHINA MEMBERSHIP FORM

The House of China (HOC) was organized in 1935 to present, promote, and preserve Chinese culture, friendship and understanding. HOC provides civic functions through cultural open houses, sponsorships, school presentations, and cooperation with Chinese American community and guests.

Every Saturday and Sunday afternoon, our cultural open house is held in Balboa Park. Seasonal programs and events are Chinese New Year, Annual Essay Contest, Moon Festival and other occasions.

If you are interested in supporting the HOC, we welcome you to join. Please visit our website site [www.HouseofChinaSD.com](http://www.HouseofChinaSD.com) or email [contact@houseofchinasd.com](mailto:contact@houseofchinasd.com) or phone (858) 699-1900.

### 中國館

中國館是在一九三五年設立至今，它的任務是促進和保存中國文化及支援友誼和使大家彼此了解，一同和平相處，是一個不謀利的 501(c)(3) 公民機構。既無城市基金支持也沒任何捐款。

它是在聖地牙哥的 Balboa 公園，太平洋聯合會的國際村的會員之一。中國館提供各種各樣的中國文化節目活動，它有參與市中心的節目，學校運動，還有和華人社區各會合作，招待外地來的貴賓。

每個星期六和日下午，國際村都開放給大家參觀，歡迎參觀中國館的陳設和節目包括：中國文化，新年，端午，中秋節等，在其它特別節日我們也會有活動，我們經常也寄出中國館有關華人社區的活動節目表。歡迎大家成為中國館會員。請到我們的網頁 [www.HouseofChinaSD.com](http://www.HouseofChinaSD.com) 去看，電話 (858) 699 - 1900。

董事會董事: 黃如真- 會, Hoan Troung-副會長, 徐惠寶-司庫, 連廣佳, Edward Park, Bud Swartz, Sam Poon, 費春媛, 薛顯榮-Exec. Officer

----- CUT ALONG LINE -----

### MEMBERSHIP APPLICATION AND DONATIONS

To join the House of China, complete the form and provide payment payable to House of China. Please mail your application and payment/donation to: David Seid, 12052 Rue Des Amis, San Diego, CA 92131. Please make check payable to House of China.

We currently accept the following payment methods: Check, [Credit Card @ www.houseofchinasd.com](http://www.houseofchinasd.com)

- |                          |                   |       |                          |                   |        |
|--------------------------|-------------------|-------|--------------------------|-------------------|--------|
| <input type="checkbox"/> | Regular Member    | \$20  | <input type="checkbox"/> | Family Membership | \$30   |
| <input type="checkbox"/> | Friend of HOC     | \$100 | <input type="checkbox"/> | Supporter of HOC  | \$250  |
| <input type="checkbox"/> | Patron of the HOC | \$500 | <input type="checkbox"/> | Lifetime Member   | \$1000 |

English Name \_\_\_\_\_ Chinese Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Office Use: Date \_\_\_\_\_ Check No/On-Line \_\_\_\_\_

請寄到: 薛顯榮 David Seid, 12052 Rue Des Amis, San Diego, CA 92131. House of China is a non-profit organization 501(c)(3) - 27-4357629